



Christian Practices Request Form

By signing this form I request that my counsellor make available to me relevant Christian spiritual/religious practices (such as prayer and reference to scripture) that may be meaningful and helpful in the therapeutic process. These practices are to be used as part of counselling sessions in a manner that is agreed upon between us. My counsellor is also permitted to use religious language and concepts while counselling me.

I understand that spiritual/religious practices may not be clinically demonstrated as guaranteeing results.

I acknowledge that I am free to cancel or withdraw this request and permission at any time by informing my counsellor if I am uncomfortable or have changed my mind for any reason.

Name: _____

Signature: _____

Date: _____